

# BRUNCH

SERVED  
UNTIL 4.30

## LIGHT AND FRESH

### **GF** Smoothie Bowl 12

Fresh fruit, seeds, nuts and coconut with supercharged yoghurt (changes often, please ask)

### Muesli 10 **DF\***

House made toasted muesli served w/ berry compote, honey, yoghurt and milk

Add Coconut Yoghurt \$2

### Toasted Bagel 7

Served with cream cheese and Fidel's berry jam

### **V** Almond Porridge 12

Almond milk oats w/ rhubarb, and blueberry compote, toasted almonds & maple syrup

Swap for gluten free bread 1

## SIDES

Bacon	Tomato
Sausage	Mushrooms
Hash brown	Beans
Eggs x 2	Avocado
Salmon	all 5

### Fidel's Feast 22 **DF\*** **GF\***

Free range bacon, poached eggs, Island Bay sausage, garlic mushrooms, slow roasted tomato, hash brown, ciabatta & hollandaise

### **V** Vegan Breakfast 20

Sofrito black beans, garlic mushrooms, crispy potatoes, slow roasted tomatoes, avocado and sauteed spinach with garlic and onions. Served with tomato relish and ciabatta

### Fidel's Waffles

Two crisp waffles served with maple syrup and your choice of:

Fried chicken and toasted almonds 18

Berry Compote & mascarpone 17

Banana & free-range bacon 18

### Baked Spanish Eggs 17 **GF\***

Two free range eggs with crispy potatoes, free range bacon, sofrito beans & smoked brinza cheese cooked under the grill (sorry no substitutes). Served with chilli oil and toasted ciabatta

### Cuban Burrito 17

Oven Baked Tortilla with black beans, scrambled eggs, chorizo & cheese, topped with sour cream and salsa

### Mushrooms on Toast 17 **GF\***

Sautéed mushrooms in a creamy garlic sauce. Served on 8 grain toast

### **GF** Bubble and Squeak 17

Refried mashed potato with onions, & buttery cabbage. Served w/ free range bacon, a fried egg and gravy

<b>GF</b> Gluten free	<b>V</b> Vegan	<b>DF</b> Dairy Free
<b>GF*</b> GF avail	<b>V*</b> V avail	<b>DF*</b> DF Avail

### Mimosa 12

Bubbles with Havana Brothers freshly squeezed orange juice

### Beer of the Week

Ask staff for details

PAY AT YOUR

TABLE WITH CASH

OR EFTPOS, JUST

GIVE US A WAVE

## CLASSICS

### Eggs on Toast 9 **GF\*** **DF\***

Any style on ciabatta or wholegrain. Add sides to create a custom breakfast

### Eggs Benedict 17 with Homemade Hash 20

Choose Bacon, Salmon or Spinach served w/ an english muffin, poached eggs & hollandaise

### Halloumi on Toast 16 **GF\***

Pan-fried Halloumi cheese served on 8 Grain toast with avocado, tomato, fresh basil and house made chilli jam

### Salmon Bagel 12 **GF\***

Toasted bagel with cream cheese, popped capers, cured salmon, watercress, and pickled onion

### Bacon Butty 12

Free range bacon w/ house made BBQ sauce, cheddar cheese and a fried egg

### Bloody Mary 12

Spicy tomato juice & vodka with celery & bacon

LIQUID  
BRUNCH

# LUNCH AVAILABLE 12 - LATE

## SNACKS AND STARTERS

### Chilli Onion Rings 9

w/ chipotle aioli

### **DF** Salt & Pepper Squid 9

w/ lemon & aioli

### **DF** Shoestring Fries 8

w/ aioli & tomato sauce

### Mozzarella Stuffed Jalapeños 10

w/ ranch dipping sauce

### Wedges 8 **DF\***

w/ sour cream & sweet chilli

### Fried Chicken 10

w/ ranch dipping sauce

### Garlic Pizza Bread 8

topped with parmesan and herbs

### **GF** Hot Wings 12 **DF\***

w/ ranch dressing

### **GF** **DF** Sticky Pork Ribs 12

w/ BBQ sauce

### Beer Battered Fish Tacos 13

Creole spiced battered fish, served on two corn tacos with avocado, iceberg lettuce, pickle mayo and hot sauce

### The Cubano 18

The ultimate toasted sandwich, buttered and grilled, served with fries. Free range ham, slow cooked pulled pork, swiss cheese, pickles and mustard mayo

### Chicken & Bacon Burger 18

Buttermilk fried chicken with bacon, iceberg lettuce, tomato, cheese and Korean BBQ sauce. Served w/ shoestring fries and aioli

### Nachos **GF\*** **V\***

### Beef & Bean 17 / Vegetarian 16 / Vegan 17

A Fidel's Classic served with salsa, guacamole, cheese & sour cream.

Extra chilli or vegan cheese available on request

### Soup of the Day 10

Ask for the daily special. Served with bread

## SALADS

### Halloumi and Chicken Salad 20 **GF\***

Pan fried halloumi and free-range chicken with mesclun, avocado, tomato and red onion. Served with a lemon thyme dressing and garlic bread

### **GF** **V** BBQ Tofu 18

Watercress, carrot, cucumber, mung beans and finely sliced radish topped off with fried shallots, toasted peanuts and fresh herbs

### **GF** **V** Vegan Bowl 19

A mix of chargrilled seasonal vegetables and salad with hummus, avocado, toasted buckwheat and freekah crackers

**GF** Gluten free   **V** Vegan   **DF** Dairy Free  
**GF\*** GF avail   **V\*** V avail   **DF\*** DF Avail



Fidel's uses free-range chicken, pork and eggs in all our cooking & baking  
 10% surcharge applies on public holidays   2% service fee on all credit card transactions

# PIZZAS MIDDAY UNTIL LATE

**SMALL (TEN INCH) 15 LARGE (TWELVE INCH) 20**

**4-7PM**  
**2 ASAHI**  
**& A LARGE**  
**PIZZA**  
**\$25**

**Vegan cheese**  
**available on request**  
**add \$2 for a small pizza**  
**and \$3 for a large**

**Garlic Pizza Bread** with parmesan and herbs 8

**Margherita** Mozzarella, cherry tomatoes, fresh basil & parmesan 13 / 17 **V+**

**Mix Grill** Bacon, ham, chorizo with caramelized onion, topped with BBQ sauce

**Seafood** Smoked salmon & chilli prawns, with red onion, fresh rocket & lemon

**Gallina** Free range chicken, red onion, mushroom, garlic & lemon sauce

**Pulled Pork** Caramelized onions, charred capsicums and pulled pork shoulder

**Vegetarian** Spinach, artichoke, mushrooms, sun dried tomatoes, olives & feta **V+**

**Queso Azul** Tomatoes, mozzarella, spinach, mushroom, caramelized onion, blue cheese, walnuts & Havana Brothers Bakehouse chutney **V+**

**Apricot Chicken** Chicken, apricot sauce, cream cheese topped with mozzarella (no tomato base)

(All pizzas have a tomato base, topped with cheese)

# LATE PLATES 5PM TILL LATE

**GF DF Korean BBQ Chicken 23**

Crispy 'twice fried' chicken thigh smothered in spicy Korean BBQ sauce served with brown rice, kimchi slaw & toasted peanuts

**GF Steak and Chips 26**

200gm sirloin w/ a classic plate of hand cut chips & aioli.  
 Served with a garden salad, button mushrooms and Café de Paris butter

**GF Pulled Pork 24**

Slow cooked pork shoulder, served with brown rice & beans, fresh slaw and fried tortilla strips

**Mushroom and Kale Gnocchi 20**

Gnocchi with creamy garlic mushrooms, roasted walnuts, truffle oil and kale chips

**GF Winter Beef Stew 22**

Classic, hearty comfort food. Tender beef and carrot stew served with mashed potatoes and peas

## SIDES

- V** Shoestring fries 5
- GF** Kimchi slaw 8
- V** Green garden salad 6
- V** Steamed seasonal vegetables 8

## BLACKBOARD SPECIALS

**Fish 20**

**Pasta 20**

**Soup 10**

- GF** Gluten free
- V** Vegan
- DF** Dairy Free
- GF+** GF avail
- V+** V avail
- DF+** DF Avail