

BRUNCH

SERVED
UNTIL 4.30

LIGHT AND FRESH

GF Smoothie Bowl 13.5

Fresh fruit, seeds, nuts and coconut with supercharged yoghurt (changes often, please ask)

Muesli 10 DF+

House made toasted muesli served w/ berry compote, honey, yoghurt and milk

Add Coconut Yoghurt \$2

Toasted Bagel 8

Served with Fix & Fogg peanut butter and Fidel's berry jam

V Almond Porridge 14

Made with HBBH almond mylk, served with berry compote, maple syrup drizzle and toasted almonds

SIDES

| | |
|---------------|----------------------------------|
| Bacon x 2 | Tomato |
| Sausage | Mushrooms |
| Hash brown | Beans |
| Eggs x 2 | Spinach |
| Salmon | 4 each |
| Avocado | Swap for gluten free bread add 1 |
| 5 each | |

Fidel's Feast 22 DF+ GF+

Free range bacon, poached eggs, Island Bay sausage, garlic mushrooms, slow roasted tomato, hash brown, ciabatta & hollandaise

V Vegan Breakfast 22

Sofrito black beans, garlic mushrooms, crispy potatoes, slow roasted tomatoes, pea & avocado smash and sauteed spinach with garlic and onions. Served with tomato relish and ciabatta

Fidel's Waffles

Two crisp waffles served with maple syrup and your choice of:

Fried chicken and toasted almonds 18

Berry Compote & mascarpone 17

Banana & free-range bacon 18

Baked Spanish Eggs 18 GF+

Two free range eggs with crispy potatoes, free range bacon, sofrito beans & smoked brinza cheese cooked under the grill (sorry no substitutes). Served with chilli oil and toasted ciabatta

Cuban Burrito 18

Oven Baked Tortilla with black beans, scrambled eggs, chorizo & cheese, topped with sour cream and salsa

Mince on Toast 18 DF+ GF+

Gravy mince on buttered ciabatta with black pudding and a soft poached egg

LIQUID BRUNCH

Mimosa 12

Bubbles with Havana Brothers freshly squeezed organic orange juice

Bloody Mary 13 V+

Smoky bbq, hot sauce & horseradish spiked tomato juice w/ vodka, celery and a bacon rasher

COUNTER FOOD IS
AVAILABLE FROM
YOUR TABLE,
PLEASE ASK

CLASSICS

Eggs on Toast 9 GF+ DF+

Any style on ciabatta or wholegrain. Add sides to create a custom breakfast

Eggs Benedict 17 with Homemade Hash 20

Choose either Bacon, Salmon or Spinach served w/ an english muffin, poached eggs & hollandaise

Halloumi on Toast 18 GF+

Pan-fried Halloumi cheese served on 8 Grain toast with avocado, tomato, fresh basil and house made chilli jam

Salmon Bagel 13.5 GF+

Toasted bagel with cream cheese, popped capers, cured salmon, rocket, and pickled onion

Bacon Butty 12

Free range bacon w/ house made BBQ sauce, cheddar cheese and a fried egg

PAY AT YOUR
TABLE WITH CASH
OR EFTPOS, JUST
GIVE US A WAVE

GF Gluten Free V Vegan DF Dairy Free
 GF+ GF avail V+ V avail DF+ DF avail

the
fine
print

Fidel's uses free-range chicken, pork and eggs in all our cooking & baking
10% surcharge applies on public holidays 2% service fee on credit card transactions

LUNCH AVAILABLE 12 - LATE

SNACKS AND STARTERS

Chilli Onion Rings 9

w/ chipotle aioli

DF Salt & Pepper Squid 9

w/ lemon & aioli

DF Shoestring Fries 8

w/ aioli & tomato sauce

Mozzarella Stuffed

Jalapeños 10 DF*

w/ ranch dipping sauce

Wedges 8

w/ sour cream & sweet chilli

Fried Chicken 10

w/ ranch dipping sauce

Garlic Pizza Bread 8

topped with parmesan and herbs

Soup of the day 10

changes often, please ask

GF Creole Spiced Fish Tacos 13

Creole spiced grilled tarakihi, served on two corn tacos with avocado, iceberg lettuce, pickle mayo and hot sauce

The Cubano 18

The ultimate toasted sandwich, buttered and grilled, served with fries. Free range ham, slow cooked pulled pork, swiss cheese, pickles and mustard mayo

Beef & Bacon Burger 19

160gm beef patty, bacon, cheese, caramelised onion, gherkin & tomato with buttercrunch lettuce and dill mayo.

Served w/ shoestring fries and aioli

Nachos GF* V*

Beef & Bean 17 / Vegetarian 16 / Vegan 17

A Fidel's Classic served with salsa, guacamole, cheese & sour cream. Extra chilli available on request

Beef Ropa Vieja Quesadilla 18

Slow braised beef, sofrito beans and cheese quesadilla served with coleslaw, tomatoes, sour cream and guacamole

Vege Quesadilla 18

Sofrito beans, mushroom, kale & cheese quesadilla served with coleslaw, tomatoes, sour cream and guacamole

SALAD & SOUP

Halloumi and Chicken Salad 20 GF*

Pan fried halloumi and free-range chicken with mesclun, avocado, tomato and red onion. Served with a lemon thyme dressing and garlic bread

Tom Yum Noodle Broth 18 V*

Free range chicken, bok choy, wong bok, fried tofu, daikon, and mung beans.

V Vegan Bowl 19

A mix of chargrilled seasonal vegetables and salad with hummus, avocado, toasted buckwheat and freekah crackers

GF* Gluten Free V Vegan DF* Dairy Free

GF* GF avail V* V avail DF* DF avail

ASK ABOUT OUR BLACKBOARD SPECIALS

GF* V* DF*

the fine print

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PIZZAS MIDDAY UNTIL LATE

3-7PM

\$25 PIZZA BEER DEAL

2 ASAHI & A LARGE PIZZA

Vegan cheese available on request
add \$2 for a small pizza and \$3 for a large

WE DO TAKE OUT & DELIVERY
fidelscafe.com

SMALL (TEN INCH) 15 // LARGE (TWELVE INCH) 20

Garlic Pizza Bread with parmesan and herbs 8

Margherita Mozzarella, cherry tomatoes, fresh basil & parmesan 13 / 17 **V+**

Vianda Salami, bacon, ham, olives, caramelized onions and anchovies, mozzarella

Spicy Shrimp Shrimp, sriracha sauce, pickled onions, gallina sauce, mozzarella

Mexican Roasted capsicum, nacho beef mince, jalapeno peppers, mozzarella, served with corn chips and sour cream **V+**

Reuben Recall Shredded corned beef, sauerkraut, 40 thousand island dressing, gherkins, swiss cheese

Eat your Greens Kale, silverbeet, swiss chard, mushroom and capsicum, on cheesy sauce, vegan cheese. (No tomato sauce, Vegan) **V**

Queso Azul Tomatoes, mozzarella, spinach, mushroom, caramelized onion, blue cheese, walnuts & housemade chutney **V+**

Apricot Chicken Chicken, apricot sauce, cream cheese topped with mozzarella (no tomato base)

(All pizzas have a tomato base unless specified, topped with cheese)

LATE PLATES 5PM TILL LATE

GF Baked Salmon 26

Baked King Salmon on Celeriac and silverbeet mash, with pickled daikon, and a mustard cream sauce

GF Steak and Mash 26

200gm sirloin steak served on Agria Mashed potato with garlic mushroom and cafe de Paris butter

GF Jerk Chicken 24

Jerk spiced chicken breast served on rice and beans with wilted greens and housemade ranch dressing

GF Vietnamese Pork Belly 24

Free range Pork Belly on coconut rice served with kimchi peanut slaw and a Hoisin Plum sauce

Blackboard Specials Changes often, please ask

GF+ **V+** **DF+**

SIDES

V Shoestring fries 5

V Garden salad 8

V Kimchi Slaw 6

GF Mashed Potato & Gravy 8

V Roast Vegetables 8



Asahi 7
White & Red Wine 7.5
1 litre of Local Craft Beer 18

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