

BRUNCH

SERVED
UNTIL 4.30

LIGHT AND FRESH

GF Smoothie Bowl 12

Fresh fruit, seeds, nuts and coconut with supercharged yoghurt (changes often, please ask)

Muesli 10 **DF***

House made toasted muesli served w/ berry compote, honey, yoghurt and milk

Add Coconut Yoghurt \$2

Toasted Bagel 7

Served with cream cheese and Fidel's berry jam

Fidel's Feast 22

DF* **GF***

Free range bacon, poached eggs, Island Bay sausage, garlic mushrooms, slow roasted tomato, hash brown, ciabatta & hollandaise

V Vegan Breakfast 22

Sofrito black beans, garlic mushrooms, crispy potatoes, slow roasted tomatoes, avocado and sauteed spinach with garlic and onions.

Served with tomato relish and ciabatta

Fidel's Waffles

Two crisp waffles served with maple syrup and your choice of:

Fried chicken and toasted almonds 18

Berry Compote & mascarpone 17

Banana & free-range bacon 18

Baked Spanish Eggs 17 **GF***

Two free range eggs with crispy potatoes, free range bacon, sofrito beans & smoked brinza cheese cooked under the grill (sorry no substitutes). Served with chilli oil and toasted ciabatta

Cuban Burrito 17

Oven Baked Tortilla with black beans, scrambled eggs, chorizo & cheese, topped with sour cream and salsa

GF Salmon on Hash 20

Cured salmon, grilled asparagus, Fidel's hash brown & a soft poached egg. Served with lemon and chive crème fraîche

COUNTER FOOD IS
AVAILABLE FROM
YOUR TABLE,
PLEASE ASK

CLASSICS

Eggs on Toast 9 **GF*** **DF***

Any style on ciabatta or wholegrain. Add sides to create a custom breakfast

Eggs Benedict 17 with Homemade Hash 20

Choose **either** Bacon, Salmon **or** Spinach served w/ an english muffin, poached eggs & hollandaise

Halloumi on Toast 17 **GF***

Pan-fried Halloumi cheese served on 8 Grain toast with avocado, tomato, fresh basil and house made chilli jam

Salmon Bagel 13.5 **GF***

Toasted bagel with cream cheese, popped capers, cured salmon, watercress, and pickled onion

Bacon Butty 12

Free range bacon w/ house made BBQ sauce, cheddar cheese and a fried egg

SIDES

Bacon x 2	Tomato
Sausage	Mushrooms
Hash brown	Beans
Eggs x 2	Avocado
Salmon	Spinach
5 each	4 each

Swap for gluten free bread add 1

LIQUID BRUNCH

Mimosa 12

Bubbles with Havana Brothers freshly squeezed organic orange juice

Bloody Mary 12

Smoky bbq, hot sauce & horseradish spiked tomato juice w/ vodka, celery and a bacon rasher

- GF** Gluten Free **GF*** GF avail
- V** Vegan **V*** V avail
- DF** Dairy Free **DF*** DF avail

PAY AT YOUR
TABLE WITH CASH
OR EFTPOS, JUST
GIVE US A WAVE

the
fine
print

Fidel's uses free-range chicken, pork and eggs in all our cooking & baking
10% surcharge applies on public holidays 2% service fee on credit card transactions

LUNCH AVAILABLE 12 - LATE

SNACKS AND STARTERS

Chilli Onion Rings 9

w/ chipotle aioli

Mozzarella Stuffed Jalapeños 10

w/ ranch dipping sauce

Garlic Pizza Bread 8

topped with parmesan and herbs

DF Salt & Pepper Squid 9

w/ lemon & aioli

Wedges 8 **DF***

w/ sour cream & sweet chilli

GF Hot Wings 12 **DF***

w/ ranch dressing

DF Shoestring Fries 8

w/ aioli & tomato sauce

Fried Chicken 10

w/ ranch dipping sauce

GF **DF** Spicy Meatballs 9

beef mince w/ BBQ sauce

Beer Battered Fish Tacos 13

Creole spiced battered fish, served on two corn tacos with avocado, iceberg lettuce, pickle mayo and hot sauce

The Cubano 18

The ultimate toasted sandwich, buttered and grilled, served with fries. Free range ham, slow cooked pulled pork, swiss cheese, pickles and mustard mayo

Beef & Bacon Burger 19

160gm beef patty, bacon, cheese, caramelised onion & tomato with buttercrunch lettuce and dill mayo.

Served w/ shoestring fries and aioli

Nachos **GF*** **V***

Beef & Bean 17 / Vegetarian 16 / Vegan 17

A Fidel's Classic served with salsa, guacamole, cheese & sour cream. Extra chilli available on request

Pulled Pork Quesadilla 18

Pulled pork and cheese quesadilla served with coleslaw, tomatoes, sour ceam and guacamole

Vege Quesadilla 18

Sofrito beans, mushroom, kale & cheese quesadilla served with coleslaw, tomatoes, sour cream and guacamole

SALADS

Halloumi and Chicken Salad 20 **GF***

Pan fried halloumi and free-range chicken with mesclun, avocado, tomato and red onion. Served with a lemon thyme dressing and garlic bread

GF Falafel & Chargrilled Artichoke 18 **DF***

Crisp lettuce, cherry tomatoes, cucumber, red onion & mint with tahini yoghurt & toasted sesame seeds

V Vegan Bowl 19

A mix of chargrilled seasonal vegetables and salad with hummus, avocado, toasted buckwheat and freekah crackers

GF Gluten Free **V** Vegan **DF** Dairy Free

GF* GF avail **V*** V avail **DF*** DF avail

ASK ABOUT OUR BLACKBOARD SPECIALS

GF* **V*** **DF***

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PIZZAS MIDDAY UNTIL LATE

4-7PM

\$25 PIZZA BEER DEAL

2 ASAHI & A LARGE PIZZA

Vegan cheese available on request
add \$2 for a small pizza and \$3 for a large

WE DO TAKE OUT & DELIVERY
fidelscafe.com

SMALL (TEN INCH) 15 // LARGE (TWELVE INCH) 20

Garlic Pizza Bread with parmesan and herbs 8

Margherita Mozzarella, cherry tomatoes, fresh basil & parmesan 13 / 17 **V+**

Mix Grill Bacon, ham, chorizo with caramelized onion, topped with BBQ sauce

Seafood Smoked salmon & chilli prawns, with red onion, fresh rocket & lemon

Gallina Free range chicken, red onion, mushroom, garlic & lemon sauce

Pulled Pork Caramelized onions, charred capsicums and pulled pork shoulder

Vegetarian Spinach, artichoke, mushrooms, sun dried tomatoes, olives & feta **V+**

Queso Azul Tomatoes, mozzarella, spinach, mushroom, caramelized onion, blue cheese, walnuts & housemade chutney **V+**

Apricot Chicken Chicken, apricot sauce, cream cheese topped with mozzarella (no tomato base)

(All pizzas have a tomato base, topped with cheese)

LATE PLATES 5PM TILL LATE

GF Panfried Salmon 26

Pan fried salmon on Asian infused rice and roasted beetroot with coriander, radish, sesame seeds & a balsamic drizzle

GF Steak and Chips 26

200gm sirloin with a classic plate of hand cut chips & aioli. Served w/ a garden salad, button mushrooms and Café de Paris butter

GF Periperi Chicken 23

Chargrilled periperi spiced chicken thigh, potato salad with sweet jalapeño mayo and coleslaw with periperi sauce

Ropa Vieja Beef Cheeks 26

Ropa Vieja smothered beef cheeks on a tabouleh, sweet corn, peppers, parsley and coriander salad

Blackboard Specials Changes often, please ask **GF+** **V+** **DF+**

SIDES

- V** Shoestring fries 5
- GF** Potato Salad 8
- V** Garden salad 8
- V** Roast Vegetables 8



Asahi 6.5
White & Red Wine 7
1.25 litres of Local Craft Beer 20

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- DF** Dairy Free
- GF+** GF avail
- V+** V avail
- DF+** DF avail