

BRUNCH

available 8am - 3pm

FIG & CASHEW GRANOLA \$16

Summer fruit compote & citrus labneh
Served with your choice of milk (V+)

SMASHED AVO \$20

Smashed avocado topped with pico de gallo, pistachio dukkah and smoked brinza cheese (served on 5 grain toast) (V option) (GF +)
+ 2 poached egg \$25

FIDEL'S FEAST \$24

2 x Poached free range eggs with streaky bacon, slow roasted tomatoes, local garlic mushrooms, house hash and cheese kransky
(Served on organic sourdough)

SCRAMBLED TOFU \$21

Scrambled tofu with charred asian greens, edamame, red dragon mayo, crispy shallots, pickled ginger and sesame served on roti (V) (GF +)
(Scrambled egg option)

BAKED SPANISH EGGS \$21

Baked eggs with patatas bravas, cuban beans, smoked brinza cheese, bacon, topped with a fresh herb salad and chilli oil.
(Served w/ organic sourdough) (GF +)

CUBAN BURRITO \$21

Tortilla filled with black beans, scrambled eggs, cheddar topped with crispy jalapenos, pico de gallo, smoked chipotle sour cream
+ chorizo \$24 (V+)

SALMON BAGEL \$19

Shelly Bay bagel, smoked salmon, whipped dill cream cheese, pickled fennel & radish salad, lemon (GF +)

EGGS BENE \$19

English muffin, poached eggs, hollandaise w/ a choice of free range bacon /charred seasonal greens/smoked salmon (GF +) + house hash \$24.50

EGGS YOUR WAY \$12

Free range Poached/fried or scrambled eggs
(Served on organic sourdough)

- + Free range streaky bacon \$6 (GF)
- + Grilled Organic halloumi \$7 (GF)
 - + Cheese kransky \$5.5 (GF)
- + Smoked salmon, lemon \$6 (GF)
 - + Smashed Avo, dukkah, lemon \$5.5 (GF)
- + Charred seasonal greens \$5.5 (GF)
 - + House hash \$5.5 (GF)
- + Local garlic mushrooms \$5.5 (GF)
 - + Extra egg \$3
 - + Gluten free bread \$2
- + Herbed aioli (V) / Hollandaise \$2
 - + Smoked chipotle mayo \$2

WAFFLES

with a choice of:

Free range buttermilk fried chicken, candied cashews and maple \$23

Berry compote, blood orange mascarpone, maple and ginger nut crumb \$20

FOR THE YOUTH

WAFFLES \$8

Waffles, berry compote and maple

½ EGGS \$6

1 piece toast + 1 egg

NACHOS \$10

Corn chips, Black Beans & cheese, w/ guacamole & sour cream



SORRY, NO SWAPS

V - Vegan V+ - Vegan option
Gf - Gluten free

LUNCH

available 11 am - 3pm

RAINBOW BOWL \$20

Charred seasonal greens, crispy spiced chickpeas, pickled cabbage and guindilla peppers served w/ garlic yogurt dressing, tomatillo salsa and toasted seeds, served on brown rice. (GF) (V)

NACHOS \$20

Corn chips, Black beans, Fidel's 3 cheese blend topped with pico de gallo, guacamole, crispy jalapenos, smoked chipotle sour cream (GF) + slow cooked pork shoulder \$25

BUENA VISTA SANDWICH CLUB

CHEESE & PROSCUITTO TOASTIE \$20

Organic Sourdough, Proscuitto, bechamel, gruyere, mozzarella, corn & Jalapeno relish, topped with a fried egg (GF+)

JERK HALLOUMI TOASTIE \$17

Jerk halloumi, roasted cauliflower, rocket, rum pineapple salsa & smoked chipotle mayo. (Served in buttered organic sourdough)(GF +)

PRESSED CUBANO SANDWICH \$23

Slow cooked mojo pork shoulder, leg bone ham, swiss cheese, hot mustard, dill pickles served with beer battered fries

FIDEL'S CHEESE BURGER \$21

Brisket & chuck pattie, dill pickles, baby cos, tomato, American mustard & kewpie mayo served with beer battered fries + a fried egg \$24

SHARED

Beer battered steak fries, Fidel's seasoning, aioli \$10 (V)

Kumara fries, chipotle mayo \$12 (GF, V)

Buttermilk fried chicken, pickles, red dragon mayo \$15

COUNTER FOOD + CAKE

There's Gluten Free + Vegan options and something for all appetites in our cabinet, take a look and order from your table.



V - Vegan | V+ - Vegan option | Gf - Gluten free | Sorry, NO Swaps

NB. 2% surcharge on all credit transactions. 15% surcharge on Public Holidays

DRINKS



COLD PRESSED JUICE *The Brothers Coldpress \$8.5*

- FRUIT **WAKE UP:** orange, apple, lemon, ginger
POPEYE: pineapple, apple, spinach, mint
SEASONAL: changes with the weather
SUPERMAN: carrot, orange, ginger, turmeric
UP BEET: beetroot, carrot, apple, kale, ginger, lemon
- VEGE **HULK:** iceberg lettuce, celery, kale, spinach, lemon, parsley, wheatgrass

SMOOTHIES *One size only \$9.5*

- BERRY:** mixed berries, honey, yoghurt, milk
BANANA: honey, cinnamon, yoghurt, milk, ice
GREEN: banana, spinach, ginger, apple juice, ice. Add Spirulina +\$1

THICK SHAKES *World famous in Welly, one size (750ml) \$11*

Chocolate | Snickers | Oreo Cookie | Mocha | Banana | Black Forest

LOOSE LEAF TEA *Forage + Bloom \$5*

- BLOOM:** Rooibos, Elderberries & Hibiscus flowers
REPOSE: Chamomile, Lemon Balm, Rooibos & Rose Petals
REVIVE: Gunpowder Green & Lemon Verbena
SALVATION: Peppermint, Kawa Kawa, Nettle & Dandelion

ALCOHOL



BEER + CIDER

- CROUCHER**
Low Rider IPA 2.5% \$8.5
- GARAGE PROJECT**
Hapi Daze \$9.5
- GARAGE PROJECT**
Pils 'n' Thrills \$9.5
- PANHEAD**
Supercharger \$10
- PARROTD OG**
Birdseye Hazy IPA \$10
- DOUBLE VISION**
Chillax XPA \$10
- ASAHI \$8**
- ROCHDALE**
Apple Cider \$9

WINE

WHITE	Ha Ha Brut Cuvee Hawkes Bay, NV	9	38
	Lake Hayes Sauvignon Blanc Central Otago, 2020	10	48
	The Ted Pinot Gris Central Otago, 2020	10	48
ROSE	Grand Noir Le Rose Languedoc, France, 2018	9	43
RED	Muddy Waters Pinot Noir Waipara, 2019	12	55

MIXED DRINKS

MIMOSA	Bubbles with Hardie Boys Orange Juice	13
BLOODY MARY	Vodka, Smoky BBQ, hot sauce & horseradish tomato juice	13
CUBA LIBRE	Havana Especial, coke & lime	13
TANQUERAY PUNCH	Gin & Tonic, passionfruit, pineapple & lime	13

Single Origin CUBAN COFFEE

- Black \$4.5
 White \$5 | \$6
 Mocha/Hot Choc \$5 | \$6
 Turmeric Latte/Chai/LHG \$6
 Iced Latte/Mocha/Chai \$6
 House made Cold Brew \$6
 Alternative milks/decaf + 50c
 Extra Shot espresso +\$1

OTHER DRINKS

SODA

- Coke | Diet Coke \$5
 Hardieboys Gingerbeer: Dry/Reg \$6
 Lemmy Lemonade \$5.5
 Lemon, lime & bitters \$5.5

OTHER JUICE

- Hardieboys orange juice \$6
 Apple juice | Pineapple juice \$5
 Tomato juice \$5

FROZEN - one size only

- Ice cream, milk & whipped cream
 in a tall glass & your choice of:
 Chocolate | Coffee | Mocha \$9.5

FIDEL'S



Cafe

SERVING THE PEOPLE SINCE 1996

**MONDAY - FRIDAY 8AM-3PM
WEEKENDS 9AM-3PM**

@fidels_cafe #fidelscafe www.fidelscafe.com